

# voices **together**

YOUR advocacy service



**An Advocate can help and support you  
to be fully involved in decisions  
that affect  
YOU**

**Free - Independent - Confidential**

**0303 303 0413**

**Do you want to have a say about  
what happens to you?**

Are you struggling to stay involved in  
decisions about your health & wellbeing  
or about where you live?

**Or maybe you know someone else who  
needs support?**

Health & social care processes can be  
complicated - some of us need a bit of  
help to make sure our views are heard

**Advocates help people to be involved in  
decisions about them**

Some people have a legal right to an  
advocate (at no cost to them)

e.g. if they are detained under the Mental Health  
Act or have substantial difficulty  
engaging in social care processes

**Please contact us for more information**

**0303 303 0413**

**We look forward to working with you**

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