

Our IMHA Advocacy Service is free, independent & confidential.
We are a charity, and NOT part of the hospital or any NHS body

What is an IMHA?

You may have a right to support from an *Independent Mental Health Advocate* (IMHA) if you are:

- detained under the *Mental Health Act* for assessment and treatment
- conditionally discharged and restricted
- on a Supervised *Community Treatment Order* (CTO) or Guardianship Order
- an informal/voluntary patient being offered possible '*serious medical treatment*' for a 'mental disorder' (or ECT if you are 18 years of age)

The hospital or your care coordinator should give you information about us

What can an IMHA do?

- Work with you as a partner
- Help to protect your rights
- Support you to control decisions about your future
- Help you raise any concerns you have about your care
- Support you to ask for fewer restrictions, or to do more of the things you enjoy
- Support you in meetings (e.g. MDTs or tribunals)
- Assist you to find out and understand information
- Help you to access services when you are discharged from hospital



What if I'm not eligible for an IMHA?

Our *generic* advocacy service may still be able to offer you support

Confidentiality

What you tell us is confidential unless risks may be involved

Advocates take notes and you can ask to see these at any time

An advocate will

- ✓ Listen to YOU
- ✓ Be on YOUR side
- ✓ Work with YOU at YOUR pace
- ✓ Treat YOU with respect

An advocate will never

- ✗ Tell you what to do
- ✗ Judge you
- ✗ Make decisions for you

Contact an advocate

You, or someone on your behalf, can:

Phone
01924 438438
Fax
0844 2474282



In person

Speak to an advocate when they are on the wards or ask a staff member for an IMHA

Email

enquiries@cloverleaf-advocacy.co.uk

Website

www.cloverleaf-advocacy.co.uk

Our Head Office

Cloverleaf Advocacy
9 Wellington Road
Dewsbury
WF13 1HF

(Tel: 01924 438438)



Do you want to be heard?



An advocate could help!

IMHAs support people to:

- ✓ Have their say about their care & treatment
- ✓ Have more control over what happens to them

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Compliments, Concerns or Complaints?

If you have been really happy with the service, or feel we have not got it quite right, or completely wrong, please let us know.

Our contact details are on the back of this leaflet.

